

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 011

**Total Responses:**                      **60**

1. Check one that describes you:	Yes	No	N/R
Pregnant	16	42	2
A parent/caretaker of a baby under 6 months	28	26	6
A parent/caretaker of a baby 6 months to 1 year	19	35	6
Breastfeeding (at least 1 time in 24 hours)	23	29	8
A parent/caretaker of a child over 1 year old	28	24	8
The dad, grandparent, caretaker of a child on WIC	10	41	9
The mom of a child on WIC	42	14	4
I am 18 years or younger	12	42	6

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	17	21	17	5
Getting children to eat healthy foods	11	4	41	4
Quick healthy meals	6	8	40	6
Eating a healthy diet after pregnancy	11	10	36	3
Saving money at the grocery store	8	7	42	3

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	6	29	22	3
Discussion only	15	32	5	8
Food demonstration/taste test	9	18	26	7
On the internet	19	16	17	8
Reading on my own	7	24	22	7
Learning activities	4	19	31	6

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 011

4. What is the highest level of school you completed?	Total
6th grade or less	4
7th to 9th grade	6
10th to 12th grade	13
High School graduate	13
Some College / Current Student	15
College Graduate	7
No response	2

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	27	31	2
A video game console (X-box, Playstation, Game Cube, Nintendo)	25	33	2
Cable TV	41	19	0

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	8
2 times a week	8
3 times a week	6
4 or more times a week	19
No response	19

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	13	14	29	4
Exercise during of after pregnancy	12	11	35	2
Stretching	14	16	24	6
Exercising more myself	9	14	34	3
Getting my children to exercise more	13	18	26	3
Back health	8	21	29	2

# FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 011

**SPANISH**

ninguno mas

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 012

**Total Responses:** 77

1. Check one that describes you:	Yes	No	N/R
Pregnant	13	59	5
A parent/caretaker of a baby under 6 months	31	41	5
A parent/caretaker of a baby 6 months to 1 year	29	39	9
Breastfeeding (at least 1 time in 24 hours)	25	47	5
A parent/caretaker of a child over 1 year old	53	19	5
The dad, grandparent, caretaker of a child on WIC	22	44	11
The mom of a child on WIC	64	9	4
I am 18 years or younger	13	56	8

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	12	16	45	4
Getting children to eat healthy foods	5	8	63	1
Quick healthy meals	4	5	64	4
Eating a healthy diet after pregnancy	11	12	52	2
Saving money at the grocery store	6	12	57	2

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	1	40	34	2
Discussion only	14	32	26	5
Food demonstration/taste test	16	23	34	4
On the internet	42	14	14	7
Reading on my own	11	29	31	6
Learning activities	7	19	48	3

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 012

4. What is the highest level of school you completed?	Total
6th grade or less	6
7th to 9th grade	20
10th to 12th grade	13
High School graduate	22
Some College / Current Student	12
College Graduate	4
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	27	49	1
A video game console (X-box, Playstation, Game Cube, Nintendo)	31	45	1
Cable TV	42	32	3

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	4
2 times a week	12
3 times a week	9
4 or more times a week	44
No response	8

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	9	12	54	2
Exercise during of after pregnancy	17	10	46	4
Stretching	10	21	41	5
Exercising more myself	3	20	52	2
Getting my children to exercise more	2	14	59	2
Back health	7	13	54	3

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 012

### ENGLISH

breastfeeding/positioning

exercise

How to keep healthy baby into toddlers

How to keep healthy baby into toddlers

exercise

### SPANISH

Que clase de jugos deve tomar y cuanto

Que clase de jugos deve tomar y cuanto

como controlar a los ninos imperactivos

breastfeeding/positioning/como contolar los ninos

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 013

**Total Responses:** 125

1. Check one that describes you:	Yes	No	N/R
Pregnant	29	92	4
A parent/caretaker of a baby under 6 months	55	67	3
A parent/caretaker of a baby 6 months to 1 year	63	53	9
Breastfeeding (at least 1 time in 24 hours)	23	95	7
A parent/caretaker of a child over 1 year old	74	48	3
The dad, grandparent, caretaker of a child on WIC	15	99	11
The mom of a child on WIC	108	13	4
I am 18 years or younger	30	85	10

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	17	40	62	6
Getting children to eat healthy foods	8	4	113	0
Quick healthy meals	9	6	107	3
Eating a healthy diet after pregnancy	20	16	86	3
Saving money at the grocery store	8	21	96	0

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	9	44	69	3
Discussion only	21	59	37	8
Food demonstration/taste test	12	45	64	4
On the internet	49	40	25	11
Reading on my own	27	46	44	8
Learning activities	6	39	78	2

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 013

4. What is the highest level of school you completed?	Total
6th grade or less	9
7th to 9th grade	26
10th to 12th grade	36
High School graduate	29
Some College / Current Student	18
College Graduate	7
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	46	75	4
A video game console (X-box, Playstation, Game Cube, Nintendo)	53	63	9
Cable TV	68	47	10

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	12
2 times a week	20
3 times a week	31
4 or more times a week	42
No response	20

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	17	24	83	1
Exercise during of after pregnancy	22	19	83	1
Stretching	17	26	78	4
Exercising more myself	6	18	99	2
Getting my children to exercise more	9	23	93	0
Back health	9	25	89	2



## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 013

### ENGLISH

How to keep my baby healthy

### SPANISH

como hacer para que coma mas mi bebe (Gerber)

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 017

**Total Responses:** 100

1. Check one that describes you:	Yes	No	N/R
Pregnant	22	67	11
A parent/caretaker of a baby under 6 months	41	49	10
A parent/caretaker of a baby 6 months to 1 year	27	59	14
Breastfeeding (at least 1 time in 24 hours)	27	62	11
A parent/caretaker of a child over 1 year old	45	41	14
The dad, grandparent, caretaker of a child on WIC	11	74	15
The mom of a child on WIC	74	17	9
I am 18 years or younger	23	61	16

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	25	28	43	4
Getting children to eat healthy foods	9	11	78	2
Quick healthy meals	7	13	77	3
Eating a healthy diet after pregnancy	11	13	71	5
Saving money at the grocery store	9	12	74	5

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	4	35	58	3
Discussion only	18	46	24	12
Food demonstration/taste test	15	27	52	6
On the internet	31	26	28	15
Reading on my own	28	30	33	9
Learning activities	3	38	54	5

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 017

4. What is the highest level of school you completed?	Total
6th grade or less	15
7th to 9th grade	16
10th to 12th grade	24
High School graduate	22
Some College / Current Student	18
College Graduate	4
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	30	65	5
A video game console (X-box, Playstation, Game Cube, Nintendo)	36	58	6
Cable TV	47	48	5

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	21
2 times a week	19
3 times a week	19
4 or more times a week	13
No response	28

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	14	28	54	4
Exercise during of after pregnancy	18	12	65	5
Stretching	25	16	53	6
Exercising more myself	12	23	60	5
Getting my children to exercise more	15	22	56	7
Back health	14	25	55	6

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 017

### ENGLISH

When to wean baby from bottle and patty train. List or chart for healthy foods and snacks

How to feed a child with no top 2 front teeth and bottle 2 teeth

baby weight management

Getting baby to drink water and how to home make baby foods from fresh fruits and vegetables

### SPANISH

Como aser que los ninos les guste comer frutas y verduras

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 019

**Total Responses:**                      **60**

1. Check one that describes you:	Yes	No	N/R
Pregnant	10	45	5
A parent/caretaker of a baby under 6 months	19	36	5
A parent/caretaker of a baby 6 months to 1 year	12	43	5
Breastfeeding (at least 1 time in 24 hours)	12	44	4
A parent/caretaker of a child over 1 year old	28	26	6
The dad, grandparent, caretaker of a child on WIC	1	52	7
The mom of a child on WIC	48	10	2
I am 18 years or younger	15	39	6

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	19	14	23	4
Getting children to eat healthy foods	5	8	45	2
Quick healthy meals	4	9	43	4
Eating a healthy diet after pregnancy	13	15	29	3
Saving money at the grocery store	8	14	35	3

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	4	27	27	2
Discussion only	20	23	13	4
Food demonstration/taste test	13	21	21	5
On the internet	17	21	15	7
Reading on my own	8	22	25	5
Learning activities	3	21	31	5

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 019

4. What is the highest level of school you completed?	Total
6th grade or less	4
7th to 9th grade	7
10th to 12th grade	10
High School graduate	22
Some College / Current Student	14
College Graduate	3
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	27	32	1
A video game console (X-box, Playstation, Game Cube, Nintendo)	19	38	3
Cable TV	53	7	0

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	1
2 times a week	2
3 times a week	8
4 or more times a week	33
No response	16

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	16	11	32	1
Exercise during of after pregnancy	19	10	28	3
Stretching	16	16	25	3
Exercising more myself	13	12	32	3
Getting my children to exercise more	16	11	31	2
Back health	12	15	30	3

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 019

### ENGLISH

and anything else that might be helpful for a new mom

### SPANISH

classes en español

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 020

**Total Responses:** 119

1. Check one that describes you:	Yes	No	N/R
Pregnant	26	82	11
A parent/caretaker of a baby under 6 months	52	56	11
A parent/caretaker of a baby 6 months to 1 year	38	67	14
Breastfeeding (at least 1 time in 24 hours)	20	85	14
A parent/caretaker of a child over 1 year old	71	34	14
The dad, grandparent, caretaker of a child on WIC	22	80	17
The mom of a child on WIC	98	11	10
I am 18 years or younger	30	74	15

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	47	28	35	9
Getting children to eat healthy foods	18	15	81	5
Quick healthy meals	12	18	84	5
Eating a healthy diet after pregnancy	30	19	63	7
Saving money at the grocery store	16	16	82	5

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	19	44	53	3
Discussion only	36	46	27	10
Food demonstration/taste test	32	43	37	7
On the internet	55	26	27	11
Reading on my own	28	32	51	8
Learning activities	17	30	63	9



## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 020

4. What is the highest level of school you completed?	Total
6th grade or less	4
7th to 9th grade	13
10th to 12th grade	38
High School graduate	36
Some College / Current Student	20
College Graduate	5
No response	3

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	37	77	5
A video game console (X-box, Playstation, Game Cube, Nintendo)	51	62	6
Cable TV	87	29	3

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	6
2 times a week	12
3 times a week	14
4 or more times a week	58
No response	29

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	42	24	48	5
Exercise during of after pregnancy	42	19	54	4
Stretching	37	25	49	8
Exercising more myself	28	17	70	4
Getting my children to exercise more	34	21	58	6
Back health	33	27	53	6

# FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 020

## ENGLISH

Juice that are real fruit

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 020

**Total Responses:** 119

1. Check one that describes you:	Yes	No	N/R
Pregnant	26	82	11
A parent/caretaker of a baby under 6 months	52	56	11
A parent/caretaker of a baby 6 months to 1 year	38	67	14
Breastfeeding (at least 1 time in 24 hours)	20	85	14
A parent/caretaker of a child over 1 year old	71	34	14
The dad, grandparent, caretaker of a child on WIC	22	80	17
The mom of a child on WIC	98	11	10
I am 18 years or younger	30	74	15

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	47	28	35	9
Getting children to eat healthy foods	18	15	81	5
Quick healthy meals	12	18	84	5
Eating a healthy diet after pregnancy	30	19	63	7
Saving money at the grocery store	16	16	82	5

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	19	44	53	3
Discussion only	36	46	27	10
Food demonstration/taste test	32	43	37	7
On the internet	55	26	27	11
Reading on my own	28	32	51	8
Learning activities	17	30	63	9

## FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 020

4. What is the highest level of school you completed?	Total
6th grade or less	4
7th to 9th grade	13
10th to 12th grade	38
High School graduate	36
Some College / Current Student	20
College Graduate	5
No response	3

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	37	77	5
A video game console (X-box, Playstation, Game Cube, Nintendo)	51	62	6
Cable TV	87	29	3

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	6
2 times a week	12
3 times a week	14
4 or more times a week	58
No response	29

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	42	24	48	5
Exercise during of after pregnancy	42	19	54	4
Stretching	37	25	49	8
Exercising more myself	28	17	70	4
Getting my children to exercise more	34	21	58	6
Back health	33	27	53	6

# FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 020

## ENGLISH

Juice that are real fruit